

**Poole and Thomas, PLLC**  
Preventive Pediatric Health Care and Screenings at Well Child Exams

Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_

Poole and Thomas Pediatrics requires regular well visits per American Academy of Pediatrics guidelines. We are providing this document to help you understand the forms given to you at these visits. At selected visits, several universal screenings are recommended by the AAP for issues such as child development, maternal or adolescent anxiety/depression, or behavior/social/emotional concerns.

Each child and family is unique; therefore, additional visits also may become necessary if circumstances/results suggest concerns. Developmental, psychosocial, and chronic disease issues for children and adolescents may require frequent counseling and treatment visits separate from preventive care visits.

Screening	Ages Performed
Edinburg Post Partum	Every Well Check through 6 Months
Developmental Milestones Questionnaire	1 month, 2, months, 4 months, 6 months, 9 months, 18 months, 2 years, 2.5 years
MCHAT	18 months & 2 years
Lead/TB Questionnaire	6 months, 9 months, 12 months, 18 months, yearly from 2 years and on
Hearing	5 years, 11 years
Vision	12 months, 2 years, 3 years, 4 years, 8 years, 11 years
GAD-7 & PHQ-9*	Annually starting at 12 years
Hemoglobin	12 months, annually for menstruating females
Lipid Panel	16 years, annually if there are concerns

Vanderbilt packets will have portions to be completed by certain parties (parent, child, and teachers). We recommend that *at least two different teachers* that have worked with your child within a year fill out a form.

**\*Please note:** GAD-7, PHQ-9, and SCARED (Child Version) are to only be filled out by the child in question.

We wish to inform you of the routine procedures performed during your child's well visit. These screenings are also recommended to be done by your insurance as part of an annual well child examination. Unfortunately, insurance may not fully cover or only cover a portion of these screenings. Please also understand that should insurance not cover these screenings you will be responsible for the balance owed for that visit.